The following is issued on behalf of the Family Council:

The "Cook a Meal for Your Family Contest" organised by the Family Council will hold its final tomorrow (February 12) where three participating units shortlisted will show their cooking talents and prepare dishes together with their beloved ones.

Co-organised with the Television Broadcasts Limited, the contest aims to encourage residents to forge close and harmonious relationships with their families through cooking, and to promote family core values - love and care, responsibility and respect, and communication and harmony.

The Under Secretary for Home Affairs, Ms Florence Hui, will officiate at the contest and sit on the judging panelwhich includes Family Council members Dr Edward Leong and Ms Sophia Kao, renowned chef Mr Jacky Yu and contest ambassador, Mr Tang Chi-fung. The panel will select the winner based on criteria including expression of love to the family, presentation, as well as colour, aroma, and taste.

The event will be held at 2.00pm at Atrium, Level One, Tsuen Wan Plaza, 4-30 Tai Pa Street, Tsuen Wan. Media coverage is invited.

Ends/Friday, February 11, 2011