

Family Council

Family Education Videos on “Marital Happiness and Harmony” – Ingredients of Marriage

Episode 8: Good Vibes for Good Marriage

Video’s Transcript

Chef Moustachio : While some couples weather hardships together, some just split up at hard times.

Is adversity a real test
of true love?

Is it possible to prepare for adversity
before it strikes
by building resilience in marriage?

This is the finale of Ingredients of Marriage.

Let’s play back the highlights of previous episodes.
Here we go!

Today, I’ve invited all the leads in the 7 episodes
to share on how to weather adversity in marriage.

First, we have Bobo and Chris.
And then Winnie, the newlywed.
Then the retired Szetos.
And also the elderly couple.
And finally, Chilli Pepper.

So everyone’s here and
let’s hear how you’ve weathered adversity in marriage.

The first adversity:
When problems came up with your career and finance

and started affecting your relationship,
what did you do?

Mrs Szeto : I'll go first!
I remember that day clearly.
I went to the bank to withdraw money for food
but couldn't get any
for my account balance was less than \$100.
I'd never been that poor in all my life!

Mr Szeto : How come I knew nothing about that?

Mrs Szeto : That was 30 years ago!
His business failed
and he lost all our savings.
Honestly, I was furious!

Mr Szeto : Yes, I told her to leave with our son
and I'd stay in Hong Kong to declare bankrupt.

Chef Moustachio : Anyone want to guess the ending?

Bobo : After you.

Chris : Mr and Mrs Szeto left together.

Bobo : No...
I'd say Mrs Szeto stayed with her husband.

Chef Moustachio : So what's the ending?

Mrs Szeto : I stood in front of the ATM,
stunned for a while,
and suddenly recalled his words
when he was pursuing me,
"Of all the girls I've met,

you're the most romantic.”

Mr Szeto : No wonder you didn't cook for a few nights but prepared canned food buffets instead, and even made them candlelit dinners. The truth was you had no money for food and wanted to save on electric bills.

Chef Moustachio : Thank you for sharing, Mr and Mrs Szeto. Now, the second adversity.

Elderly husband : Emigration?

Elderly wife : We've been through it!

During the 1997 emigration wave, most of my friends were leaving, either to Canada or New Zealand, but he said...

Elderly husband : Over my dead body.

Elderly wife : Of course I was angry. I coaxed him, I scolded him, but he insisted...

Elderly husband : Over my dead body!

Elderly wife : That's what he did. Whenever I brought up emigration, he always gave funny responses.

One day, he even played dead on the sofa with no breathing, and scared me to hell!

I thought he got a heart attack
and died!

Elderly wife : But then,
he suddenly jumped out of the sofa!
Struck a pose to me
with a smile...

Elderly husband : Over my dead body!

Elderly wife : Seeing him like that,
there's no way I could get mad at him.

Winnie : That's true!
In fact funny guys are more charming than cool ones.
You know, we women
get anxious easily.
A funny husband
good at joking around
will give good vibes to marriage.

Chef Moustachio : Brilliant!
In the face of adversity,
the positive vibes built up in your marriage
will see you through!

Chris : That means in marriage, apart from love,
we also need good vibes.

Bobo : Chef Moustachio,
so how do we make good vibes?

Chef Moustachio : Just like this.
One day to make Taiwanese smoked eggs.
Two days to make Japanese smoked oysters.
Three days to make Shanghai smoked fish.

Ten days to make British smoked salmon.
And 30 days to make Italian smoked ham.

Bobo : I get it!
It takes time to make positive vibes.

Mr Szeto : Just take a whiff of us and you can tell.
A couple married for over 40 years
smells strong for sure!

Mrs Szeto : Well I do have a feminine whiff,
but you?

Mr Szeto : Whiff of humour.

Chef Moustachio : Well said!
But
he says it even better!

Expert : Many people say that
expert advice is pie in the sky
as it's easier said than done.

That's why I always say
marriage needs no expertise but just loyalty.
So long as you are loyal to your better half
and always do each other good,
you'll find my advice very down to earth.

Guys, do remember that
acting cool isn't charming.
Humour is what gives you charm.
Ladies, bear in mind that
beauty is more than just looking pretty.
It's also about being romantic and witty.

Expert : Humility is the first step to humour.
Readily make fun of yourself.
To be romantic, charm yourself first.
Never wait for others to charm you.
Stay vivacious and you'll be more charming.

Last but not least,
a delightful married life
requires a couple to work together
to spice it up.

Chef Moustachio : Chilli Pepper, everyone's gone home
to cook with their ingredients of marriage.
I've got to go, too. Bye!